

## **SEMESTER-III (Pool-B)**

**COURSE NAME : Universal Human Values: Understanding Harmony**

**(CHOI-B48)**

**Number of Credit: - 02**

**Maximum marks: 50**

**[L-T-P: 3-0-0]**

### **Course Objectives:**

1. Development of a holistic prospective which helps to appreciate the essential complementarily between 'VALUES' and 'SKILLS' to ensure sustained happiness and prosperity which are the core aspirations of all human beings.
2. Understanding of the harmony in the human being, family, society and nature/existence.
3. Strengthening of self reflection.
4. Development of commitment and courage to act.

### **Course Outcomes:**

1. Students are expected to become more aware of themselves and their surroundings (family, society and nature).
2. Students will become more responsible in life and in handling problems with sustainable solutions, while keeping human relationships and human nature in mind.
3. Students would have better critical ability.
4. Students would also become sensitive to their commitment towards what they have understood (human values, human relationships and human society).

**UNIT 1:**

Introduction to Value Education - Need, Basic Guidelines, Content and Process for Value Education, Self Exploration, Natural Acceptance, Experiential Validation as the mechanism for Self Exploration. Continuous Happiness and Prosperity, Basic Human Aspirations. Right Understanding, Relationship and Physical Facilities - the basic requirements for fulfillment of aspirations of every human being with their priority, Understanding Happiness and Prosperity, Method to fulfill the above human aspirations: Understanding and living in harmony at various levels.

**UNIT 2:**

Understanding Harmony in the Human Being, human being as a Co-existence of the sentient 'I' and the material 'Body'. Understanding the needs of Self ('I') and 'Body', happiness and physical facility, Understanding the Body as an instrument of 'I' (I being the doer, seer and enjoyer), Understanding the characteristics and activities of 'I' and harmony in 'I', Understanding the harmony of I with the Body: Sanyam and Health, correct appraisal of Physical needs, meaning of Prosperity, Programs to ensure Sanyam and Health.

**UNIT 3:**

Harmony in Human-Human Relationship, Understanding values in human-human relationship, meaning of Justice (Nine universal values in relationships) and program for its fulfillment to ensure Mutual Happiness, Trust and Respect as the foundational values of relationship, Understanding the meaning of Trust, Difference between Intention and Competence, Understanding the meaning of Respect, Difference between Respect and Differentiation, the other salient values in relationship, Understanding the harmony in the society (society being an extension of family), Resolution, Prosperity, Fearlessness (trust) and Co-existence as comprehensive Human Goals, Visualizing a universal harmonious order in society: Undivided Society, Universal order from family to world family.

**UNIT 4:**

Understanding Harmony in Nature. Interconnectedness: Self-regulation and Mutual Fulfillment among the Four Orders of Nature: Recyclability and Self-regulation in Nature, Realizing Existence as Co-existence at All Levels. The Holistic Perception of Harmony in Existence. Natural Acceptance of Human Values. Definitiveness of (Ethical) Human Conduct. A Basis for Humanistic Education, Humanistic Constitution and Universal Humanistic Order.

**Text Books:**

1. R. R. Gaur, R. Asthana & G. P. Bagaria, A Foundation Course in Human Values and Professional Ethics, 2nd Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-47-1.
2. Teacher's Manual for: A Foundation Course in Human Values and Professional Ethics, R. R. Gaur, R. Asthana & G. P. Bagaria, 2nd Revised Edition, Excel Books, New Delhi, 2019, ISBN 978-93-87034-53-2.

**Reference Books:**

1. A. Nagraj, Jeevan Vidya Ek Parichay, Divya Path Sansthan, Amarkantak, 1999.
2. A. N. Tripathy, Human Values, New Age International Publishers, 2004.
3. B. L. Bajpai, Indian Ethos and Modern Management, New Royal Book Co., Lucknow. Reprinted 2008.
4. P. L. Dhar & R. R. Gaur, 1990, Science and Humanism, Commonwealth Publishers